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timetospa

AGE LESS INDULGE MORE

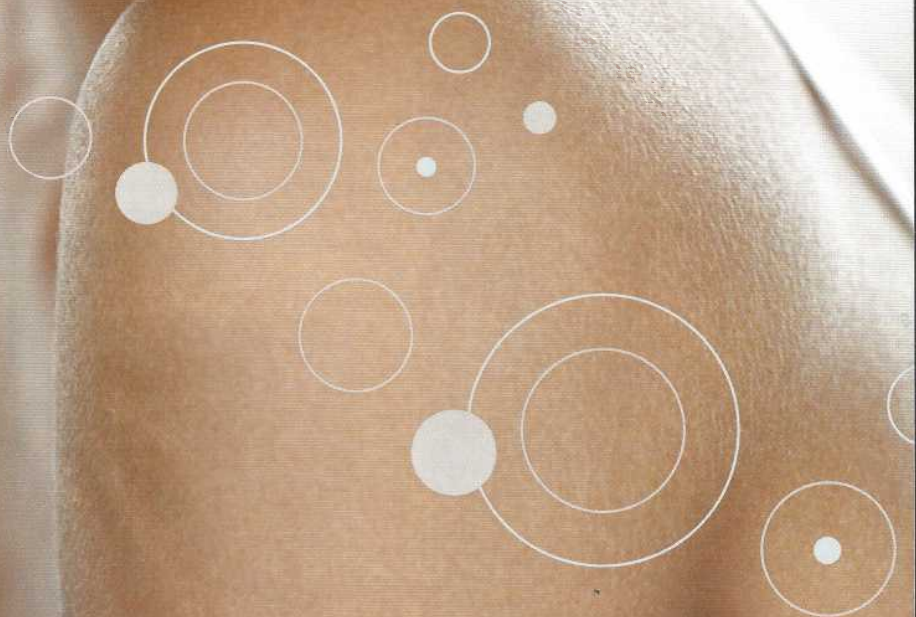
Try our anti-aging facials...

ANTI-CELLULITE TREATMENT

Lose up to 8 inches
in just one session...

VISTA SPA VILLAS

Bask in the comfort
of our private suites...





We Recommend

La Thérapie HydraLift Facial

This youth-enhancing facial has results that are fast and dramatic. The appearance of fine lines and wrinkles will be reduced as galvanic frequency and our specialized ingredients treat the deeper layers of the skin where cell renewal takes place. The stimulating effects of high frequency will boost circulation and enhance oxygen absorption, resulting in a smoother complexion that will leave your skin looking youthfully radiant after just one treatment. 50 minutes.

Elemis Aroma Stone Therapy

This indulgent and therapeutic massage uses the power of touch and aroma with heated Basalt stones to soothe away stiff and sore muscles. In Polynesia it is believed that the river rocks harness the healing power of the water that flows over them. As your therapist massages your body with the stones, you will believe they are right. 50 minutes or 75 minutes.

Ionithermie Cellulite Reduction Program

Combining 21st century technology with specially selected sea-algae, you will experience both the firming and toning of the body with this revolutionary treatment. Using galvanic and faradic stimuli, products rich in sea vegetation are propelled into the fatty areas of the body to help drain fluids from the trapped fat cells and smooth away the puckered appearance. 50 minutes.

Elemis Aroma Spa Seaweed Massage

The power of aromatherapy is combined with the riches of the ocean in this deeply warming and detoxifying therapy. A heated seaweed mask containing a warming blend of essential oils is applied to your body before you are cocooned in a warm wrap. Relax weightless in a foil wrap while the active ingredients work to ease arthritis, fatigue and promote internal cleansing. Choose from Cellutox to detoxify or Musclease to soothe sore muscles. Your treatment is completed with either a half or full body massage. 75 minutes or 100 minutes.

Elemis Frangipani Hair & Scalp Ritual

We use rich Frangipani Monoi Oil, which is legendary for its ritual uses in Tahiti. Today both women and men use its nourishing qualities to moisturize and care for the skin, hair and nails. To ensure the full benefits are received, we wrap the hair in a warmed towel. Add this to any hair service. 25 minutes.

Elemis Exotic Hand Ritual with Manicure

Simply beautiful. Pure pampering for your hands and nails to restore beauty and suppleness. Warmed aromatherapy oils nourish and condition, while the sublime sensation of Milk lavishes its richness and healing action on your skin. Our Exotic Hand Ritual includes a complete traditional manicure. 45 minutes.

Elemis Sole Delight with Pedicure

Warmed aromatherapy oils nourish and condition your feet and nails while the decadence of Milk and Exotic Frangipani Monoi Oil lavish their richness and healing action on your skin. Sole Delight Foot Treatment includes a complete traditional pedicure. A sensory experience for your feet which promises to leave you walking on cloud nine! 55 minutes.

Relax in the Rainforest, a Disney exclusive!

Before your treatment or as a relaxation experience in itself, we recommend a tropical escape to the onboard Rainforest. This Arabian inspired thermal suite is complete with intimate sauna and steam grottos and tropical rain showers. A little time in the Rainforest onboard can improve your circulation, metabolism, stiff and sore joints and also help clear your sinuses. It will also melt your worries away. Daily and weekly passes are available.



VistaSpaVillas

... LUXURY ... PRIVACY ... COMFORT ...

Amid the vast ocean, a mystical spa experience awaits you in the privacy of our Mediterranean inspired villas. Whether you need some alone time or wish to share the splendor with your favorite person, you will savor herbal teas, luxuriate in exotic bathing rituals and receive sumptuous pampering to satisfy your every whim.

ALL VILLA GUESTS WILL RECEIVE A TEA CEREMONY, BATHING RITUAL OF CHOICE AND A FOOT CLEANSING

VILLA FOR ONE

Additional spa treatments may be reserved. You may also purchase a bottle of champagne and strawberries.

Alone Time

50 minute spa treatment of choice. Choose from: La Thérapie HydraLift Facial, Elemis Pro-Collagen Marine Facial, Elemis Deep Tissue Muscle Massage, Swedish Massage, Elemis Exotic Lime & Ginger Salt Glow w/half body massage, Ionithermie Cellulite Reduction Program. 105 minutes \$199

Body Purifying

100 minute body wrap of choice with a decadent full body massage and dry float. A warm, lavish mask is applied to your body before you lay weightless in our unique dry float bed. Choose from: Elemis Cellutox Aroma Spa Ocean Wrap, Elemis Musclease Aroma Spa Ocean Wrap, Elemis Exotic Coconut & Milk Ritual, Elemis Exotic Frangipani Body Nourish Wrap. 155 minutes \$245

Sensory Awakening

This wonderfully relaxing ritual will tantalize and delight your senses! The combination of our anti-aging Elemis Pro-Collagen Marine Facial and sublime Elemis Deep Tissue Muscle Massage will refresh your spirit, strengthen your vital energies, and leave your skin radiantly youthful. 155 minutes \$295

VILLA FOR TWO

Additional spa treatments may be reserved. We recommend adding the Exotic Cleansing Ritual to your villa retreat for the ultimate romantic indulgence. You may also purchase a bottle of champagne and strawberries.

Romantic Hideaway

50 minute spa treatment of choice. Select from: La Thérapie HydraLift Facial, Elemis Pro-Collagen Marine Facial, Elemis Deep Tissue Muscle Massage, Swedish Massage, Elemis Exotic Lime & Ginger Salt Glow w/half body massage. 120 minutes \$449

Couples Choice

75 minute spa treatment of choice. Select from: Elemis Aroma Stone Therapy, Elemis Cellutox Aroma Spa Ocean Wrap, Elemis Musclease Aroma Spa Ocean Wrap, Exotic Lime & Ginger Salt Glow w/half body massage, Exotic Frangipani Body Nourish Wrap w/half body massage, and Exotic Coconut Rub & Milk Ritual Wrap w/half body massage. 130 minutes \$475

Ultimate Indulgence

The name says it all. This indulgent ritual is the ideal retreat for couples in need of some quiet time. Enjoy our revolutionary Elemis Pro-Collagen Marine Facial to reduce the signs of aging, and our soothing Elemis Deep Tissue Muscle Massage to melt tired muscles and bring the body and mind into balance. 150 minutes \$589



Smile! It's good for you.

Are you ready to improve your smile? Then try our advanced Tooth Whitening Treatment available at the spa. It's a safe and effective way to take your smile from drab to fab!

- Clinically proven to whiten your smile.
- Safe and painless procedure.
- Half the time and price of other professional whitening systems.

Just \$199 (30 minutes). Consultations are free.

FACE

La Thérapie Hydralift Facial / 50 minutes	\$115
Miracle Micro-Therapy (includes La Thérapie Hydralift Facial).....	\$176
Mini Miracle Micro-Therapy	\$85
Miracle Micro-Therapy add-ons	\$27
Elemis Pro-Collagen Marine Facial / 50 minutes	\$138
Elemis Skin Specific Facial / 50 minutes	\$115

MASSAGE

Elemis Aroma Stone Therapy / 75 minutes	\$190
Elemis Aroma Stone Therapy / 50 minutes	\$159
Elemis Deep Tissue Muscle Massage / 50 minutes	\$129
Swedish Massage / 50 minutes	\$118
Reflexology* / 50 minutes	\$118
Couples Massage / 50 minutes	\$242
Cabana Massage	
Single / 50 minutes	\$147
Couple / 50 minutes	\$294

DETOXIFYING, FIRING AND MOISTURIZING

Ionithermie Cellulite Reduction Program / 50 minutes	\$155
Course of three	\$388
Elemis Cellutox Aroma Spa Seaweed Massage	
with half body massage / 75 minutes	\$188
with full body massage / 100 minutes	\$244
Elemis Musclease Aroma Spa Seaweed Massage	
with half body massage / 75 minutes	\$188
with full body massage / 100 minutes	\$244
Elemis Exotic Lime & Ginger Salt Glow	
with half body massage / 50 minutes	\$151
with full body massage / 75 minutes	\$195
Elemis Absolute Spa Ritual / 100 minutes	\$249

RELAXATION FEATURES

Rainforest Thermal Suite (daily pass)	\$16
Exotic Cleansing Ritual / 50 minutes	\$89

FITNESS

Personal Training / 60 minutes	\$82
Course of three	\$209
Body Composition Analysis (BCA) / 30 minutes	\$33

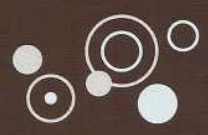
In addition to our personalized fitness offerings, complimentary group classes are also available.

HAIR & NAILS

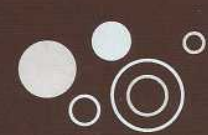
Frangipani Hair & Scalp Conditioning Ritual / 25 minutes	\$28
Elemis Exotic Hand Ritual with Manicure / 45 minutes	\$44
Elemis Sole Delight Foot Treatment with Pedicure / 55 minutes	\$60
Style Dry / Roller Setting	from \$32
Trim or Restyle and Style Dry	from \$56
Men's Wet Cut and Style Dry	from \$32
Hair Up with Style Dry	from \$52
Hair Up without Style Dry	from \$48
Semi-Permanent Color	from \$52
Traditional Manicure / 25 minutes	\$27
Traditional Pedicure / 45 minutes	\$44
Paraffin Wax Treatments for the Hands and Feet	add-on \$16

TIME TO SPA TIPS

- Satisfaction Guarantee Policy** We pride ourselves on enriching the lives of all our guests with premium treatments that nurture wellness on every level. If our staff does not meet your service expectations during your treatment we will offer an alternative service, or if preferred, we will issue a refund.
- Nurture your Experience** Be sure to arrive in the spa 15 minutes prior to your scheduled treatment time. You may be on cloud nine when you leave the treatment room. You could forget about the ring that you put in your robe pocket... so keep it safe and sound in the safety deposit box in your suite.
- Cancellation Policy** Please give us 24 hours notice before canceling your appointments or your on board account may be charged with 50% of your treatment cost.
- Minimum Age** You must be at least 18 years of age to utilize our spa facilities. Salon services are available to guests of all ages.
- Customer Service** We aim to delight. Please let us know if there is anything else we can do to make your time in the spa more relaxing.
- Product Return Policy** All guests are entitled to receive a full refund on any unopened products when accompanied by a receipt and returned by the end of the cruise. Unopened products without a receipt can be exchanged for products or services. We regret, we cannot exchange or refund products that have been used or opened.
- time to spa at home** Relaxation is achieved through daily practice. Your therapist will be happy to recommend a home care regimen to continue your treatment at home.
- Thank You** We hope we have enhanced your on board experience and wish you days filled with well being, vitality and joy until we meet again...
- * Occasionally, for reasons beyond our control, your treatment selection may not be available.



It's timetospa!



Vista Spa